

# Progress Note: Pain Assessment & Documentation Tool

## Patient Information

Name (Last, First, MI)

Record #

Assessment Date:

## Patient Stamp

## Current Analgesic Regimen

Drug Name	Strength (eg, mg)	Frequency	Maximum Total Daily Dose

This tool is a clinician-directed interview; that is, the clinician asks the questions, and the clinician records the responses. The Analgesia, Activities of Daily Living, and Adverse Events sections may be completed by the physician, nurse practitioner, physician assistant, or nurse. The Potential Aberrant Drug-Related Behavior and Assessment sections must be completed by the physician. Ask the patient the questions below, except as noted.

## Analgesia

If zero indicates "no pain" and ten indicates "highest pain," on a scale of 0 to 10, what is your level of pain for the following questions?

1. What was your pain level on average during the past week? (Please circle the appropriate number)

No Pain 0 1 2 3 4 5 6 7 8 9 10 Highest Pain

2. What was your pain level at its worst during the past week?

No Pain 0 1 2 3 4 5 6 7 8 9 10 Highest Pain

3. What percentage of your pain has been relieved during the past week? (Write in a percentage between 0% and 100%.)

\_\_\_\_\_ %

4. Is the amount of pain relief you are now obtaining from your current pain reliever(s) enough to make a real difference in your life?

Yes  No

5. Query to clinician: Is the patient's pain relief clinically significant?

Yes  No  Unsure

## Activities of Daily Living

Please indicate whether the patient's functioning with the current pain reliever(s) is Better, the Same, or Worse since the patient's last assessment.\* (Please check the circle for Better, Same, or Worse for each item below.)

	Better	Same	Worse
1. Physical functioning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Family relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Social relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Mood	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Sleep patterns	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Overall functioning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* If the patient is receiving his or her first assessment, the clinician should compare the patient's functional status with other reports from the last office visit.

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### Adverse Events

### Potential Aberrant Drug-Related Behavior

1. Is patient experiencing any side effects from current pain reliever?  Yes  No

Ask patient about potential side effects:

	None	Mild	Moderate	Severe
a. Nausea	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Vomiting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Constipation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Itching	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Mental cloudiness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Sweating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Fatigue	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. Drowsiness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. Other: _____		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
j. Other: _____		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#### This section must be completed by the physician.

Please check any of the following items that you discovered during your interactions with the patient. Please note that some of these are directly observable (eg, appears intoxicated), while others may require more active listening and/or probing. Use the "Assessment" section below to note additional details.

- Purposeful over-sedation
- Negative mood change
- Appears intoxicated
- Increasingly unkempt or impaired
- Involvement in car or other accident
- Requests frequent early renewals
- Increased dose without authorization
- Reports lost or stolen prescriptions
- Attempts to obtain prescriptions from other doctors
- Changes route of administration
- Uses pain medication in response to situational stressor
- Insists on certain medications by name
- Contact with street drug culture
- Abusing alcohol or illicit drugs
- Hoarding (ie, stockpiling) of medication
- Arrested by police
- Victim of abuse
- Other: \_\_\_\_\_

2. Patients overall severity of side effects?

- None  Mild  Moderate  Severe

#### Assessment: (This section must be completed by the physician.)

Is your overall impression that this patient is benefiting (eg, benefits, such as pain relief, outweigh side effects) from opioid therapy?

- Yes  No  Unsure

Comments: \_\_\_\_\_

#### Specific Analgesic Plan:

- Continue present regimen  Adjust dose of present analgesic  Switch analgesics  
 Add/Adjust concomitant therapy  Discontinue/taper off opioid therapy

Comments: \_\_\_\_\_

Date: \_\_\_\_\_ Physician Signature: \_\_\_\_\_

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